



COURAGE, STRENGTH, & COMMUNITY STANDING TOGETHER AND STRONG AS WE NAVIGATE NEW NORMS

We've seen many of our Wigwamen family show strength and endurance during this trying season of uncertainty. The residents featured above are some among many who were determined to celebrate National Indigenous Peoples Day even with many services closed and self-isolation in place. Children also took on the challenge of depicting hope and strength in our Kids Art Contest!

As we head back into a new school year and adjust to new norms, it's crucial that we stand together as a community, with courage and strength to help one another get through this crisis. Are you taking care of yourself so others don't hesitate to ask you for help? Have you taken time this week to reach out to a friend, family member or neighbor who may be lonely? Do you know what resources are available?

We send this newsletter with hopes that you may find it useful... or at the very least, that it might brighten your day!

Not sure how to reach out to a friend, family member or neighbor you haven't talked to in a while? A quick text may be enough :)

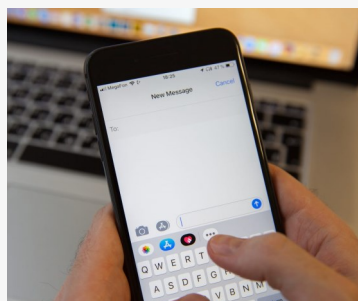
"Thought of you and wanted to say hi. Want to chat over the phone sometime when we're both free?"

"Miss talking to you in person! Want to video chat sometime - perhaps 7pm Monday or Wednesday?"

"I've been struggling quite a bit lately with work.. how are you coping with this pandemic?"

"I'm going to the store to pick up some groceries. May I help you pick up something you need?"

"Have you watched a movie over a videocall? I heard you can do it with google meet.. Would you like to try that with me sometime?"



REKINDLE OLD FRIENDSHIPS.
PICK UP AND STRENGTHEN NEW ONES.



GEARED UP AND READY FOR SCHOOL:

BACK-TO-SCHOOL PACK RECIPIENTS!



Mikaela and Talia



Siyanna

In August and September, children who were registered for our back-to-school program received their backpacks with school supplies! To the left are some happy recipients sporting their new backpacks :D

Other ongoing Wigwamen special initiatives include gift baskets for new babies, zero balance raffle draws, and Wigwamen post secondary scholarships.

For more information, please call Amber Seager at 1-888-248-2104 x223 or email her at aseager@wigwamen.com.

ONLINE TOOLS: INSTANT SCREENING AT YOUR FINGERTIPS!

COVID-19 School and Child Care Screening Tool.

This tool can help you decide if your child should or should not go to school/child care today.

Go on <https://covid-19.ontario.ca/school-screening/> to answer a quick online questionnaire.

Online COVID-19 Self Assessment

Use this tool if you're worried you were exposed to COVID-19 (novel coronavirus) or have symptoms.

Go on <https://covid-19.ontario.ca/self-assessment/> to answer a quick online questionnaire and get a recommendation on what to do next.

TTC BACK TO SCHOOL COVID-19 SAFETY MEASURES

- Reminders to TTC riders to stay home if they are unwell
- Mandatory face coverings on all TTC vehicles
- Hand sanitizer dispensers at all stations and streetcars
- Signage for entry and exit of stations to facilitate foot traffic
- Disinfecting and cleaning several times daily, with special focus on common touch and grab points
- Employees handing out disposable single use masks to riders without one throughout the fall



Safety measures we all need to continue practising!

<p>20 SEC</p>		
<p>Wash your hands</p>	<p>Wear a face covering</p>	<p>Keep your distance</p>

Thank you to participants of the National Indigenous Peoples Day contest for submitting material to publish in our newsletter, and parents of the above back-to-school pack recipients for giving consent for their kids' pictures to be published. Thanks to Government of Ontario from developing accessible online screening tools for public use, and to the TTC for implementing and disseminating information on safety measures they have put in place for staff and riders. Image for "safety measures we all need to continue practicing" extracted from <https://www.bbc.com/news/health-51711227>.

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