



COVID-19 IMMUNIZATION CLINIC FOR FIRST NATIONS, INUIT AND MÉTIS ADULTS

Community members 16 years old and up may book an appointment for the COVID-19 vaccine by visiting tehn.ca/FNIMClinic or calling [437-537-5131](tel:437-537-5131).



No health card is required.

When: Every Wednesday, 8 a.m. to 4 p.m.,
from March 24 to April 28
(may be adjusted based on need)

Where: Michael Garron Hospital
825 Coxwell Avenue, East York, ON M4C 3E7

Enter the hospital through the main entrance off of Coxwell Ave. From there you will be directed to your appointment.

If you pre-registered & have not been contacted, please email mghcovax@tehn.ca or call [437-537-5131](tel:437-537-5131) (8 a.m. to 8 p.m. daily)



A sacred pipe and smudging ceremony will be conducted at the clinic by Elder Little Brown Bear and members of The Aboriginal Healing Program before it opens. For those that wish to smudge, traditional sacred medicines will be available before or after their vaccination. In addition, MGH's dedicated staff and Aboriginal community members will be available to address any questions or concerns.

You may also visit <https://covid-19.ontario.ca/index.html> to:



Take a self-assessment



Find a testing location



Check your results



Screen before you go

Read on for information on booking vaccines and more!



Ontario's vaccine booking system is now available

Visit <https://covid-19.ontario.ca/book-vaccine/>

Find out if you're eligible to book



How Do I Book a COVID-19 Vaccine Appointment?

If you are age 55 and up...

(55 & older) To receive the AstraZeneca vaccine, visit covid-19.ontario.ca/vaccine-locations to find a participating pharmacy near you; contact the pharmacy directly to book your appointment.

(60 & older) To receive the Moderna or Pfizer-BioNTech vaccine, you may call [1-833-943-3900](tel:1-833-943-3900)/
[TTY 1-866-797-0007](tel:1-866-797-0007) (available 8 a.m. to 8 p.m., 7 days a week) or use the Ontario booking tool at covid-19.ontario.ca/book-vaccine to book an appointment at a mass immunization clinic.

Clinics are at Toronto Congress Centre (650 Dixon Rd); Mitchell Field Arena (89 Church Ave); Metro Toronto Convention Centre (277 Front St West); East York Town Centre (45 Overlea Blvd); Scarborough Town Centre (300 Borough Dr); Malvern Community Recreation Centre (30 Sewells Rd); and The Hangar Sport & Event Centre (75 Carl Hall Rd).

(70 & older) In addition to the above booking options, you may visit vaccineto.ca to arrange an appointment to be vaccinated in a participating hospital near you.

Please note, you must schedule an appointment. No walk-in appointments are allowed.

If you are...

- **over 60 but do not have an Ontario Health Card**
- **a chronic home health care recipient**
- **a personal support worker or front-line health care worker**
- **a resident or staff at a long term care home, retirement home, assisted living or First Nations Elder care home**
- **An essential caregiver for care home residents**

You may be able to book COVID-19 vaccine appointments through your city's public health unit general phone line [1-888-385-1910 \(Toronto\)](tel:1-888-385-1910) or [613-580-6744 \(Ottawa\)](tel:613-580-6744).

You may also contact your employer, care home, or community group to find out if they have their own vaccination plans (if applicable).

If you are at least 18 years old and are First Nations, Inuit or Métis, you may contact your local First Nations, Inuit and Métis health organization supporting local vaccination clinics.

Need money for school?

Apply now for a \$2,000 Kathleen Blinkhorn Aboriginal Student Scholarship!

“This scholarship will benefit me greatly as I navigate virtual learning and the technology needs that come with it. Ultimately, this scholarship will help me to achieve my goal of being a recreational therapist in the Indigenous community.”

- Caroline
2020 recipient



Applications are now open!

To be eligible, a student must meet all of the following criteria:

- identify as an Indigenous person
- be living in non-profit housing in Ontario during the school term
- be enrolled in a program at a recognized college, university or private trade school for the 2021-2022 school year, or program equivalent

Please check the [ONPHA website](https://onpha.org) or contact scholarships@onpha.org for more details.

Apply by 5pm, Friday, 18 June 2021

CCUF Ways to Pay for School Sunday, April 25, 2021 (12 - 6 PM EDT)



Registration is now open!

Are you, your children or grandchildren looking to explore post-secondary options, finance education and/or prepare for a career? If so, you may be interested in attending the 2021 Canadian College and University Fair! Hosted online, the fair includes live webinars, exhibitor booths, chats with representatives, networking opportunities and more!

To register, go to <https://ccuf.ca/>

Once you have registered, simply attend, visit a booth and join a webinar to be eligible for a chance to win \$1,500!

Our smallest warriors, our strongest medicine



This children’s storybook was adapted from work developed by the Inter-Agency Standing Committee Reference Group on Mental Health and Psychosocial Support in Emergency Settings to represent Indigenous peoples, values, and communities, and to portray a sense of communal efficacy, strength and hope in the face of the COVID-19 pandemic.

You may find a read-aloud version, a pdf download to print and a pdf download to e-read at <https://caih.jhu.edu/programs/strongmedicine>.

Colouring pages, parent resources, and activity sheets are also available at the link listed above!



Need help with your taxes? Find a free clinic near you!

Community organizations are still hosting free tax clinics by videoconference, phone, in-person (following local public health advice and measures) or using drop off and pick up option.

You are eligible for help at a free tax clinic if you meet both of the following two criteria:

- **You have a simple tax situation:** if you have no income OR have income coming from employment, pension, benefits (e.g. CPP, OAS, ODSP, EI, & social assistance), Registered Retirement Savings Plans, support payments, scholarships, fellowships, bursaries, grants, or interest (under \$1,000); AND
- **You have a modest income** - which is income less than: \$35,000 for a single person; \$45,000 for a couple; \$47,500 for three people in a family; & an additional \$2,500 for each additional family member.

Look online or go to https://apps.cra-arc.gc.ca/ebci/oecv/external/prot/cli_srch_01_Id.action to search for a free tax clinic near you!

Tax Filing Deadlines: 30 Apr 2021 (Regular), 15 Jun 2021 (Self-Employed)



Let CRA Help You Access Your Benefits!

CRA is making it easier for First Nations residents to file taxes and receive their entitled benefits and credits, including COVID-19 related benefits. For help accessing or filling out the new simplified forms, call [1-833-262-1356](tel:1-833-262-1356) (for Ontario) or [1-877-303-3349](tel:1-877-303-3349) (for Quebec).

For more information regarding the *Simplified Tax and Benefits Form Package*, please visit <https://yawc.ca/news-events/news/simplified-tax-and-benefits-form-package>

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