

## New Wigwamen Building in Ottawa: **Place Perrault**

Wigwamen is pleased to announce that the construction of its first affordable housing project in Ottawa is almost finished. Wigwamen hopes to begin moving tenants into the 41-unit “Place Perrault” apartment project later this year. Twenty of the units will be rent-subsidized, and rent for the rest will be less than the average the market value for the area.

The building is 4-stories high and consists of one- and two-bedroom apartments. It’s located just a few minutes’ walk from

Princess Louise Park in the leafy suburbs of the east end of Ottawa. Wigwamen plans to house members of the Aboriginal community in approximately 30% of the apartments.

To get on the waiting list for Place Perrault, contact The Social Housing Registry of Ottawa at 613-526-2088 or download an application from [www.housingregistry.ca](http://www.housingregistry.ca). More information about Place Perrault can be found at: [www.wigwamen.com](http://www.wigwamen.com). ♦



*Construction of Place Perrault, Wigwamen's new building in Ottawa, is almost complete.*



## Support Social Housing With a Mouse Click

If you have internet access, visit [www.housingopensdoors.ca](http://www.housingopensdoors.ca) to support the Ontario Non-Profit Housing Association's campaign for more affordable housing. All you have to do is click their "doorbell" show that you think there should be more social housing in Ontario.

The goal is to collect 156,358 "rings of support" on ONPHA's website to bring attention to the 156,358 households waiting for affordable housing in Ontario. Forty thousand of those on the waiting list are seniors and over fifty thousand are families with children. Struggling to pay market rent puts their health and safety at risk. ❖



*"For every household that finally moves into affordable housing, three new applications are received."*

## Worried About a Vulnerable Senior?

There are almost 100,000 seniors living alone in Toronto. Many struggle to care for themselves and do not have help or support. If you know a senior who needs help or you are worried about a neighbour, you can call 3-1-1 or 416-338-7600 or e-mail: [publichealth@toronto.ca](mailto:publichealth@toronto.ca)

The Vulnerable Adults and Seniors Team (VAST) will design a plan of action, help the senior make contact with appropriate support services, and follow up on the case. ❖

## File Your Taxes to Receive GAINS and GIS Payments

The Ontario Guaranteed Annual Income System (GAINS) and the federal Guaranteed Income Supplement (GIS) are monthly payments made to qualified seniors in addition to their Old Age Security (OAS) payments.

GAINS and GIS payments are suspended when seniors don't send in their tax returns on time. For information about how to get them reinstated, contact Service Canada: 1-800-277-9914. ❖

## THE SOUNDS OF SUMMER: FREE CONCERTS IN TORONTO

**Luminato Festival** June 14 to 23, 2013  
David Pecaut Square • [www.luminatofestival.com](http://www.luminatofestival.com)

**Toronto Jazz Festival** June 20 to 29, 2013  
Nathan Phillips Square • [www.torontojazz.com](http://www.torontojazz.com)

**Harbourfront Centre** All summer, 2013  
Queens Quay West • [www.harbourfrontcentre.com](http://www.harbourfrontcentre.com)



Tenants enjoying Wigwamen Terrace's new benches and newly renovated courtyard.

## Free Children's Summer Reading Club

Close to 2,000 local library branches in Canada host a free TD Summer Reading Club for children. These clubs offer prizes and fun activities for children and young adults every week all summer long. To register, just stop by your local branch with your library card.

The Spadina Branch of the TPL will be holding the opening party for their Summer Reading Club in the newly renovated courtyard of Wigwamen Terrace. Tenants are invited to bring their grandchildren to the event on June 28th, between 2 and 5:00. Stop in at the library to register and pick up a Reading Kit. ❖

## Backyard Summer Fun

**BUBBLE RECIPE FROM THE NATIONAL WILDLIFE FEDERATION**

- 1/4 cup liquid dishwashing detergent
- 3/4 cup cold water
- 5 drops of glycerin (available at pharmacies)

Pick up a small bottle of glycerin at the beginning of the summer and you'll be ready to re-fill the kids' bubble containers any time. It's cheaper, more convenient, and better for the environment than buying new bottles every time they run out. ❖

## Summer Swimming Options and Water Play

The City of Toronto operates over 100 supervised wading pools in the summer. For a list of their locations go to [www.toronto.ca](http://www.toronto.ca).

There are also dozens of Splash Pads - unsupervised water play areas - in parks across the city.

In addition, the City also operates a water park with a slide, tipping buckets, spray rings and squirting animals. Kidstown is located in Scarborough at 3159 Birchmount Road. The Number 17 Birchmount bus from Warden Station goes there. For more information call 416-396-8325.

This year eight of the outdoor pools in the city will extend their opening hours until 11:45 pm during Extreme Heat Alerts. For a complete list of all the City pools, visit any Community Recreation Centre.

## Toronto Parks and Recreation Fee Subsidy!

Did you know that low-income individuals and families living in Toronto are entitled to a substantial subsidy to spend on recreation programs and summer camps? Over \$200 for adults and over \$400 for children and youth!

The Welcome Policy subsidy is a "recreation credit" that can be used to pay for Parks & Rec courses including: swimming lessons, exercise classes, weight room memberships, and children's camps.

Stop by any Community Recreation Centre, visit [www.toronto.ca/wp](http://www.toronto.ca/wp), or call 416-338-2000 for more info.

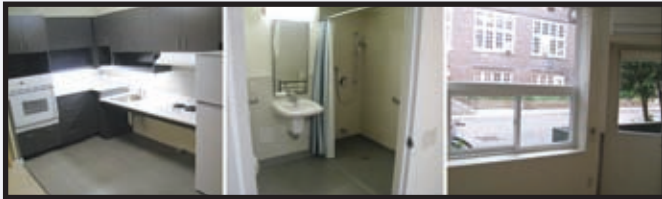
Get hold of a copy of **The Fun Guide**, a free magazine that lists all the programs on offer.





## WHEELCHAIR ACCESSIBLE UNITS

◆ Are you 59 years of age or older and of Aboriginal descent? Are you in a wheelchair, but able to live safely on your own? Are you looking for safe and affordable housing in downtown Toronto? Wigwamen may be able to help.



Contact the Property Manager at The Terrace for more information: Lisa Kristensen, 416-925-9165.



TRANSFORMING DIABETES  
in Urban Aboriginal Toronto

A new website has just been launched by Aboriginal Youth in Toronto.

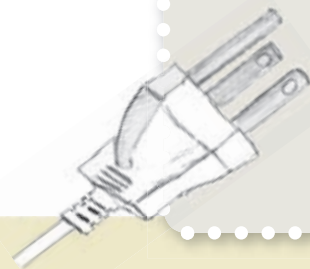
Visit [www.transformingdiabetes.ca](http://www.transformingdiabetes.ca) for recipes, videos, stories, tips and advice about diabetes.

## Holiday Safety Reminders

*If you are going away for more than a few days this summer, here are a few safety tips: arrange for somebody to collect your mail so it doesn't pile up by your door; arrange for somebody to bring your garbage and recycling bins to and from the curb; close your ground floor curtains and blinds; unplug any electronics that remain in standby mode when turned off (computers, stereos, TVs); leave an emergency contact number with a neighbour or Wigwamen's Head Office.*

## ENERGY EFFICIENCY COMPETITION

◆ Wigwamen Housing tenants now have a chance to win up to \$400 in unit upgrades, simply by being more careful about their energy consumption. The household that reduces their energy use the most in 2013 will be the winner.



### ENERGY EFFICIENCY REMINDERS

- ◆ Give your hairdryer a holiday on hot days: keep your house cool and your hair hydrated.
- ◆ On hot days, close your windows, blinds and curtains in the morning to keep the sun out.
- ◆ Consider replacing any air conditioner that's more than 10 years old with an Energy Star model.
- ◆ Remember to turn off the air conditioning when there's nobody home.





# Wigwamen Post-Secondary Scholarships

Are you planning to attend a post-secondary institution in September 2013? Are you a Wigwamen tenant? You may qualify to win an award of up to \$2,000. Application packages have been sent out. If you've misplaced yours, please contact Jodi Hetherington at the head office. Be sure to submit it by the deadline!

## Aboriginal Student Scholarship

Aboriginal post-secondary students living in non-profit housing in Ontario can also apply for a Kathleen Blinkhorn Scholarship of \$1,000. Visit [www.onpha.on.ca/kblinkhorn](http://www.onpha.on.ca/kblinkhorn) for details. The deadline for applications is August 9th.

For information about the following Wigwamen tenant programs and contests, call Head Office or e-mail Karen: [kwatts@wigwamen.com](mailto:kwatts@wigwamen.com)

- ◆ GIFT BASKETS FOR NEW MOTHERS
- ◆ KIDS' BOOK-OF-THE-MONTH
- ◆ BACK-TO-SCHOOL PACKS
- ◆ WIGWAMEN POST-SECONDARY SCHOLARSHIPS
- ◆ MONTHLY ZERO-BALANCE RAFFLE



## WIGWAMEN HOUSES GET FRESH PAINT JUST IN TIME FOR PORCH SEASON

The front doors and porches of many of Wigwamen's houses were recently painted. Once you've got your outdoor space all set up for the summer, why not make some lemonade, kick back, and snap a photo for the newsletter!

You can send them to: [kwatts@wigwamen.com](mailto:kwatts@wigwamen.com)



*Yay! Book-of-the-Month! Shaleah & her little brother Dakarai love getting theirs in the mail.*



## Flower Power Contest 2013

Tenants in Wigwamen's houses are reminded to submit their Flower Power Contest entry forms as soon as possible. Judging will take place in July.

**First prize is \$200!** Second prize, third prize and honorable mentions have awards ranging from \$50 to \$100.

## WIGWAMEN MAINTENANCE

- ◆ If you have a maintenance issue, please contact your building manager. If you don't have a building manager on site, please call Head Office – 416-481-4451.
- ◆ Wigwamen's new website features an Online Maintenance Request Form: [www.wigwamen.com/housing/maintenance-request-form/](http://www.wigwamen.com/housing/maintenance-request-form/)
- ◆ In event of an after-hours maintenance emergency – a flood, power-outage, or heating failure – call 416-481-4451 and Wigwamen's Emergency Service will send help.

## WIGWAMEN HOUSING

- ◆ The Terrace (104 units for Aboriginal seniors)  
14 Spadina Road, Toronto, ON, M5R 3M4
- ◆ 20 Sewells Road (92 units for Aboriginal & non-Aboriginal individuals & families) Toronto, ON, M1B 3G5
- ◆ 228 Galloway Road (60 units for individuals & families) Scarborough, ON, M1E 5G6
- ◆ Scattered Housing (for Aboriginal families)  
230 homes located throughout the GTA

## TO APPLY FOR WIGWAMEN HOUSING

**Families & individuals of Aboriginal descent should fill out Wigwamen applications that are available:** 

**In person:** at Head Office, at Wigwamen Terrace (14 Spadina), or 20 Sewells Road;  
**By mail:** call 416-481-4451 to request; or  
**Online:** at [www.wigwamen.com](http://www.wigwamen.com)

You must submit proof of legal status in Canada and a copy of either your Status Card or an Affidavit of Aboriginal Descent for Housing Purposes with your application. Affidavits can be obtained from Aboriginal Legal Services.

**Non-Aboriginal Families & Individuals should fill out a Toronto Social Housing Connections application that is available:**



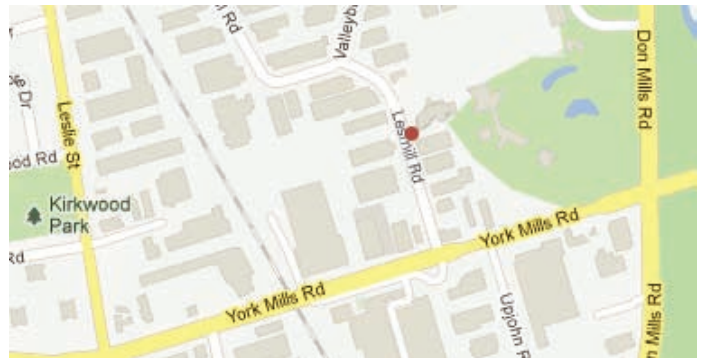
**In person:** at Housing Connections, 176 Elm St., near Dundas & University;  
**By mail:** call 416-981-6111 to request; or  
**Online:** at [www.housingconnections.ca](http://www.housingconnections.ca)

You must submit proof of legal status in Canada and your income with your application.



### Wigwamen Head Office

23 Lesmill Road, Suite 106  
Toronto, Ontario, M3B 3P6  
Tel: 416-481-4551  
Fax: 416-481-5002  
E-mail: [info@wigwamen.com](mailto:info@wigwamen.com)



23 Lesmill Road is located north of York Mills Road, between Leslie Street and Don Mills Road.

### To get to Wigwamen's Head Office by TTC:

From York Mills Station take the 122 bus, which stops directly in front of the building; or any 95 bus, which all stop at Upjohn, just 200 metres south of Head Office. Alternately, from Pape Station, take the 25 Bus, get off at York Mills and transfer to a westbound bus, or walk west for about 5 minutes.

This issue of Wigwam to Wigwam was written and compiled by Lisa Kristensen. Layout by Ellen Pauker.

### MEEGWETCH

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