

WIGWAM TO WIGWAM

YOUR HOUSE TO HOUSE NEWS

APRIL 2011

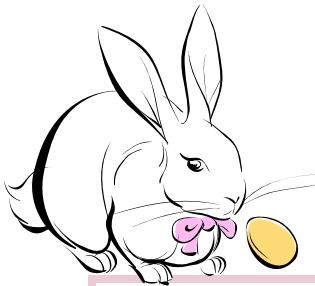


April showers bring May flowers...



Earth Day is April 22

In recognition of Earth Day, why not sign up to receive this newsletter by e-mail? You will be helping to reduce the amount of paper we use!



Happy Easter!

Please be advised that the office will be closed on **Friday, April 22nd** for Good Friday

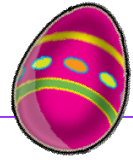
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The Easter Bunny and Easter Eggs



The Easter Egg:

Easter eggs or spring eggs are special eggs that are often given to celebrate Easter or springtime.

The egg is a pagan symbol of the rebirth of the Earth in celebrations of spring and was adopted by early Christians as a symbol of the resurrection of Jesus.

The oldest tradition is to use dyed or painted chicken eggs, but a modern custom is to substitute chocolate eggs, or plastic eggs filled with confectionery such as jelly beans. These eggs are often hidden, allegedly by the Easter Bunny for children to find on Easter morning. Otherwise, they are generally put in a basket filled with real or artificial straw to resemble a bird's nest.



SOURCE: http://en.wikipedia.org/wiki/Easter_egg



The Easter Bunny:

The Easter Bunny or Easter Hare is a character depicted as a rabbit bringing Easter eggs who sometimes is depicted with clothes. In legend, the creature brings baskets filled with colored eggs, candy and sometimes also toys to the homes of children on the night before Easter. The Easter Bunny will either put the baskets in a designated place or hide them somewhere in the house or garden for the children to find when they wake up in the morning.

The Easter Bunny is a counterpart to the Santa Claus of Christmas, as they both bring gifts to children on the night before their respective holiday. It was first mentioned in Georg Franck von Frankenau's *De ovis paschalibus* (About the Easter Egg) referring to an Alsace tradition of an Easter Hare bringing Easter Eggs (and the negative impact of too much egg consumption).

SOURCE: http://en.wikipedia.org/wiki/Easter_Bunny

Native Child and Family Services - Groups for Parents and Children

Strengthening Families

This 14-week prevention program is for families with children aged 7 to 11. The goals of the program are to:

- Reduce children's or adolescents' intention to use alcohol and/or other drugs, and reduce other behaviour problems
- Increase children's resilience and life skills
- Increase positive and effective parenting
- Increase family communication

SNAP (Stop Now and Plan) for Parents and Children

This 12-week program to help children and their caregivers learn self-control and problem solving skills using SNAP (Stop Now And Plan) within the framework of the medicine wheel and traditional Native teachings. (Concurrent separate groups are held for parents/caregivers and children.)

A telephone interview will be conducted with parents/caregivers prior to acceptance into the group. The SNAP Program is used under license from and adapted with permission from Child Development Institute.

For Parents/Caregivers:

Parents will be taught effective parenting skills to assist them in raising children with challenging behavioural problems. They will also learn about the self-control and problem solving skills being taught to their children.

For Children Aged 7 to 12:

The children's program uses a cognitive behaviour approach that helps children control compulsive behaviour, think about the consequences of their behaviour, and develop appropriate social skills.

Mothers in Mind

Mothers in Mind is for mothers who have been affected by family violence and their children aged newborn to 4 years. The program is designed for women who have had past or current experiences of domestic violence or other trauma and find that those experiences are making parenting difficult. This program is offered in partnership with the Child Development Institute.

Youth and Parents (YAP)

This 12-week program is for parents and youth aged 13 to 17. It is designed to help parents and their teens communicate with each other and learn strategies to create and maintain a positive family atmosphere.

The program incorporates traditional culture and spirituality.

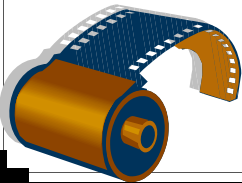
**To register for any of these groups or for more information,
call *Native Child and Family Services* at 416.969.8510**

A Note to Wigwamen Terrace Tenants...

The first set of photos are now up for the *Faces of the Terrace Project*. They are hung in the long hallway opposite the Management office.

Thank you to everyone who volunteered. Your photos look great!

I will be setting up another photo shoot soon so if you are interested in volunteering keep your eye out for the letter to sign up.



ZERO BALANCE CLUB

The winner for the month of January is:



BARBARA GAJIC

CONGRATULATIONS!



If you want a chance to win a \$50.00 gift card, all you have to do is pay your rent on time every month and you will be automatically entered into the draw!

Wigwamen's New Mother Program



Congratulations to Saima Ahmad who received a basket from the New Mother Program. We wish her and her new baby all the best!



If you are pregnant or recently had a baby and would like to receive a basket through the New Mother Program, please contact **Danielle Powell** at **(416) 481-4451**



APRIL THEMED WORD SEARCH

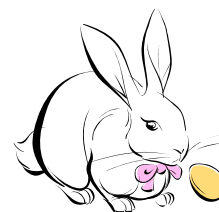
Words are written forwards, backwards, right-side up and upside-down



B	A	S	K	E	T	B	A	C	R	T	R	A	D	I	T	I	O	N
C	D	R	S	G	P	Q	R	G	D	P	Y	U	O	A	B	T	O	P
E	R	F	B	N	J	K	G	K	O	P	X	N	M	Z	A	R	I	L
R	W	R	E	A	S	T	E	R	T	W	G	S	Z	K	I	L	A	Q
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I	E	B	L	O	O	M	S	D	Q	E	W	E	R	T	Y	U	I	H
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T	Y	U	I	O	P	A	G	K	C	X	B	N	J	T	D	M	S	Y
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N	W	Q	M	V	J	I	Y	I	O	B	U	T	G	R	E	E	N	P
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S	D	F	G	J	K	Y	J	V	M	S	J	K	J	L	B	F	X	M
C	O	N	S	E	R	V	A	T	I	O	N	B	C	V	H	D	F	L
S	D	F	G	H	J	K	L	Z	C	X	B	V	B	N	K	N	G	C
R	E	A	R	T	H	D	A	Y	R	C	H	O	C	O	L	A	T	E
E	W	Q	P	I	Y	T	R	E	W	Q	L	J	G	D	F	S	A	C



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|--------------|---------------|------------------|
| 1) Easter | 8) Eggs | 15) Green |
| 2) Holiday | 9) Basket | 16) Spring |
| 3) Tradition | 10) Earth day | 17) Environment |
| 4) Chocolate | 11) Tree | 18) Conservation |
| 5) Bunny | 12) Reduce | 19) Rain |
| 6) Hide | 13) Reuse | 20) Blooms |
| 7) Hunt | 14) Recycle | |



Sign up to receive “Wigwam to Wigwam” by e-mail

In October, the “Wigwam to Wigwam” newsletter was sent out to tenants by e-mail for the first time! Wigwamen is making an effort to reduce the amount of paper distributed by our office and you can do your part too by signing up to receive the newsletter by e-mail.

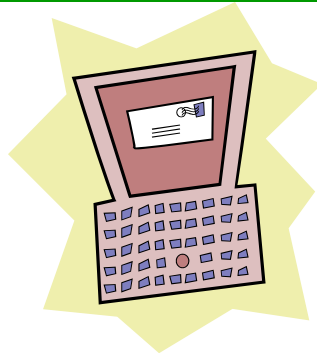
We had only a small number of tenants sign up last month and we are hoping that eventually all or most of our tenants will receive “Wigwam to Wigwam” by e-mail.

We still have not received 25 e-mail addresses that we need in order to do the draw.

All tenants who signed up to received the newsletter by e-mail during the months of December to March will be entered into the draw once we receive 25 e-mail addresses.

Thank you to all tenants who have signed up. You are doing your part in reducing the amount of paper we use!

If you would like to sign up to receive the newsletter by e-mail, please e-mail Danielle Powell at dpowell@wigwamen.com.



Calling all young artists...

Each month we would like to include a piece of artwork or writing (including poems, short stories, etc.) in our newsletter to highlight talent amongst our youngest tenants!

If you are between the ages 5 and 13 and would like to contribute your work to our monthly newsletter please contact Danielle Powell at (416) 481-4451.

PLEASE NOTE: Submissions must be no bigger than 5 1/4" x 4 1/4"
(approximately half a piece of paper) and should include your name,
address and age on the back of your work.

We look forward to seeing all of your wonderful submissions!



Check back each month to see if your artwork or writing is printed in the newsletter!



YOUR "HOUSE TO HOUSE" NEWS

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the "Wigwam to Wigwam"
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