

Tribunal Fees Increased

The Ontario Rental Housing Tribunal is an independent body that resolves disputes between landlords and tenants and provides information about the Tenant Protection Act.

The Tribunal also processes applications filed under the Act, and issues orders to resolve landlord and tenant disputes. There are set fees for applying to the Tribunal.

On June 10, 2002, the Ontario Rental Housing Tribunal announced that some of the fees that it charges will be increasing.

Among the changes that will affect Wigwamen's housing portfolio will be the landlord's eviction application. Known as an L1, the application will now cost \$150.00—up from the current \$60.00. Although landlords pay the \$150.00 eviction application up front, the tenant must reimburse them if the eviction is approved.



These fees are being increased because of the recovery costs associated with filing an eviction application. These recovery costs range from \$320.00 - \$330.00—more than double the \$150.00 fee.

For more information about other increases or for general enquiries about the Ontario Rental Housing Tribunal, please see their website at <http://www.orht.gov.on.ca/WhatNew/fee>.

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Summer Fun in the Sun

School's out, and many of you are probably looking for fun things to do with your kids this summer. Listed below are some of the events in the city that will be suitable for your whole family. Worried about the price? All of these activities are completely free! Just check before you go because some may be affected by the City workers' strike...

Toronto Kids' Tuesdays

Nathan Phillips Square

Every Tuesday from July 23-Aug 13,
11:00 a.m. – 1:00 p.m.

Children will enjoy performers, activities, crafts, face painting, and much more.

Children's Own Museum

90 Queen's Park Circle

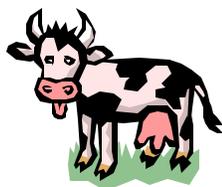
"Pay what you can" Tuesdays, 1:00-5:00 p.m.

Geared to kids aged 1-8, Children's Own Museum contains a theatre complete with costumes and makeup, a construction area, market place and other learning exhibits. The museum will be closing its doors for good this August, so don't miss your chance to check it out.

Riverdale Farm

201 Winchester Street

Admission is free every day
from 9:00 a.m. – 6:00 p.m.



Riverdale Farm is a replication of a small turn of the century Ontario farm. With sheep, cows, horses, pigs, goats and chickens, there are lots of opportunities for kids to learn about animals and farm life.

Art Gallery of Ontario

317 Dundas Street West

Admission is free Wednesdays
from 6:00-8:30 p.m.



Over 26,500 works, including European, Canadian, Modern, Inuit and Contemporary art. Saturdays and Sundays families can enjoy the art-inspired Off the Wall! Play space, but you must pay gallery admission prices for this.

Royal Ontario Museum (ROM)

100 Queens Park Circle

Admission is free Fridays after 4:30 p.m.

Some of the children's favourites include the Dinosaur Gallery and Bat Cave, along with the galleries of ancient Egypt and China. The interactive Discovery Gallery encourages children to touch real Museum artifacts, dig for dinosaur bones, or play dress-up in traditional costumes and armour. Great for young inquisitive minds!

Harbourfront Free Flicks

Harbourfront Centre Concert Stage

Every Wednesday, from July 3 – Aug 29, at
9:30 p.m. unless otherwise indicated.

Enjoy a free movie in an open-air theatre every Wednesday this summer. All movies are either rated PG or PG-13, so they'll be appropriate for you and your older kids. Some of the upcoming screenings are to include *Moonstruck*, *Taming of the Shrew* and *Annie Hall*. To find the listings, check out *Now* Magazine, or visit the Harbourfront website, at www.harbourfront.on.ca/rhythms/flicks.html

- *Melanie Brown*

Knowing Your Maintenance: Pest Control—Part 2

Farewell to Cockroaches! Getting Rid of Cockroaches, the Least Toxic Way

Things to Do Every Day (Even if you don't notice a cockroach problem):

- Wipe of your kitchen counters and dining room table (or any other place where you eat) after every meal or snack.
- Don't leave dirty dishes on the kitchen counter overnight. If you need to soak a pot overnight, make sure it's filled with hot, soapy water, and always rinse them first.
- Wipe any grease off the stove top and burners every night.
- Clean up all food spills promptly, especially on carpets and furniture.
- Garbage and compost should be kept in containers with lids, and disposed of as frequently as possible.
- If your bathroom has a fan, use it after every bath or shower to reduce humidity.



Things to Do Regularly (Especially if you already have cockroaches):

- All foods stored in kitchen cupboards should be kept in sealed containers. Put store-bought foods packages (such as sugar, flour, rice and cookies) in paper or plastic bags, glass jars, or plastic containers with tight lids.
- Vacuum and sweep your home regularly to help remove bits of food. Use the narrow crevice attachment that comes with your vacuum cleaner to suck cockroaches out of cracks, from under your refrigerator and stove, from cupboards and off furniture.
- Hard to clean areas are probably the main sources of your cockroach problem, and they need regular (monthly) attention. If possible, pull out refrigerators, stoves and freezers, and clean behind, beside and under them.
- Wash the outside of kitchen appliances and vacuum dusty areas around motors, such as the back of the refrigerator.
- Regularly clean the inside of your oven and the air vent (fume hood) above your stove to remove grease.
- Regularly check water faucets for leaks and make sure that there are no leaks in the plumbing underneath the kitchen and bathroom sinks.
- Empty your dog or cat's water bowl at night and fill it again in the morning. Empty and wash pet food dishes daily.



- Brian Taheny

Senior Crime Stoppers

What is Senior Crime Stoppers?



It's a way for you to anonymously help the police solve crimes—supported by volunteers from the business community!

Senior Crime stoppers is a partnership between the public, the police and the media. It provides Seniors with a pro-active program that enables them to assist the police in solving crime and contributing to an improved quality of life.

Beware of...

...Door-to-Door Sales

Many door-to-door sales people are not legitimate. Provincial laws protect you against quick sales at your door. Enquire and be sure. Don't sign contracts under pressure.

...Consumer Frauds

Contests which require you to put money up front to win are fraudulent. Don't be taken.

...Home Improvement Offers

Tempting home improvement offers, made through the mail or on the spot, are a popular type of swindle. Always get a second opinion.

...Chain-Referral Schemes

These schemes offer a commission for buying one item and selling additional ones to friends. The products are usually overpriced and difficult to sell.

...Retirement Properties

Any retirement properties offered at conspicuously low prices to "lucky" individuals are usually fraudulent and should be avoided.

...Business Opportunities

Business opportunities and work-at-home schemes which promise high profits are often fraudulent. Beware of all cash up front opportunities.

...Medical Frauds

Fake laboratory tests, miracle cures, and mail order clinics, etc., are other ways to defraud you. Legitimate doctors and hospitals do not advertise through the mail. There is no fountain of youth.



Toronto Crime Stoppers 416-222-8477
Combats Crimes Against Seniors

Terrace Community Kitchen

The Blueberry

Once known as “Star Berries” because of the pointy flower clyxes that mark their tops, blueberries have grown wild in North America for thousands of years. Traditionally, they were considered a staple by Native Americans who smoked the berries (to preserve them) and pounded them into venison to flavour meat— a meal the Indians in the Northwest Territories once shared with the explorers Lewis and Clark.

Blueberry Pancake Stacks

Ingredients:

- Butter or vegetable oil for cooking
- 1 cup milk
- 1 tbsp. vegetable oil
- 1 egg
- 1 cup all purpose flour
- 1 tbsp. sugar
- 1 1/2 tsp. baking powder
- 1/3 tsp. salt
- Dash of nutmeg
- 1 cup fresh blueberries

Grease the griddle with butter or vegetable oil and heat until medium-hot. (Once you’ve mixed the pancake batter, you can test the pan by spooning in a drop or two. If the drops sizzle around the edges, the griddle is ready.)

In a mixing bowl, whisk together the milk, vegetable oil and egg. In a separate bowl, combine the flour, sugar, baking powder, salt and nutmeg. Then add the dry ingredients to the milk and stir until just mixed (the batter should

be slightly lumpy)

Gently fold in the blueberries. Spoon the batter onto the heated griddle; let the batter cook until the tops of the pancakes begin to bubble, then flip and cook until done. Stack the pancakes on individual plates and serve immediately with softened butter and warm syrup.

Makes about eighteen 2 1/2-inch pancakes.

Blueberry Syrup

For a special treat, serve the pancakes with blueberry maple syrup.

Combine 1 pint of blueberries and 1 cup of maple syrup in a saucepan. Heat until boiling, then lower heat and simmer until most of the fruit has burst. Remove from the heat and use a fork or potato masher to squish the berries. The syrup will thicken as it cools. Store up to two days in the refrigerator.

Makes about 2 cups.



Source: www.go.family.com

Book Review



A Feather, Not a Gavel: Working Towards Aboriginal Justice

By Hon. A.C. Hamilton

A Feather, Not a Gavel was written by the Hon. A.C. Hamilton, a judge who served as the co-chair of the Aboriginal Justice Inquiry Commission—an investigation that was conducted in the late 1980s after a number of criminal cases involving Aboriginals left many feeling that the current justice system was not properly serving the Aboriginal population. Throughout the inquiry, which lasted for three and a half years, the author travelled across the country in order to hear the stories and opinions of Canada's Aboriginal people. This experience left him equipped to make hundreds of findings and recommendations about how the legal system could be adjusted in order to better serve the Aboriginal population.

The author begins this book with a recounting of his early years of law practice in Manitoba, and in doing so, tells of how his interest in Aboriginal legal issues came about. It was during this period, he claims, that he determined that many Aboriginal people hold a more literal interpretation of the law than their non-Native counterparts. He recalls several cases in particular, that led to his conclusion that the Canadian legal system does not espouse all of the same values that are maintained by Aboriginal tradition.

Hamilton makes many recommendations on current issues that affect Aboriginal people today, including education, employment, cultural assimilation and discrimination. But the focus of the book is primarily on the necessity of creating a uniquely Aboriginal legal system, a course which must be preceded by increased sovereignty and self-government for First Nations. In order to facilitate this, Hamilton states that existing treaties should be updated to reflect society's modern circumstances, while at the same time continuing to recognize Aboriginal peoples' historic rights. First Nations governments must have the ability to exercise authority over their own affairs, which would enable them to tailor their services to meet their own particular needs while simultaneously remaining culturally appropriate.

This book is long, sometimes repetitive, but extremely interesting. For those who are not familiar with the complexities of the legal system, the author provides very clear explanations of his terms, and he is sure to back up his observations with personal accounts of his own experiences and those of the people that he interviewed. Overall, *A Feather, Not a Gavel* raises many thought-provoking points that make it worth getting through.

- *Melanie Brown*

Alcoholic Beverages

Alcoholic beverages must be kept and consumed only within your individual unit. Alcohol is not to be consumed on balconies, or in any common areas in the building such as the front or backyard.



Garbage Disposal

It is the responsibility of all tenants to dispose of their garbage in an acceptable manner, which entails: the use of proper garbage bags, ensuring that garbage bags are stored in a bin with a secure lid, and assuring that the garbage is taken outside on the designated garbage pick-up day. Should an animal get into the garbage, it is the tenant's responsibility to clean up the mess.



Barbeques

The use of barbeques on balconies is prohibited, as this presents a safety hazard to yourselves and your neighbours. Tenants are permitted to barbeque in their backyards only.



Occupancy of Premises

A reminder to all tenants that unauthorised individuals are not permitted to occupy the leased premises under any circumstances, unless the prior written consent of Wigwamen Incorporated has been obtained. This includes any overnight guests.

- Jodi Hetherington

Teachings of the Seven Grandfathers

To cherish knowledge is to know **Wisdom: Nbwa-akaawin**

To know **Love: Zaagidwin** is to know peace

To honour all of the Creation is to have **Respect: Mnaadendmowin**

Bravery: Aakdehewin is to face the foe with integrity

Honesty: Gwekwaadziwin in facing a situation is to be brave

Humility: Dbaagendizwin is to know yourself as a sacred part of the creation

Truth: Debwewin is to know all of these things.

Source: The Voice of the Ojibway by Edward Benton Banai

Please note:
Wigwamen Incorporated will be closed on Monday, August 5th, for the Civic Holiday.
Have A Great Long Weekend!

Camp Ohahaseh

A Mohawk phrase meaning. . .



“Camp of New Trails”

Awesome Adventure Days

This Summer's Happenin' Place To Be: The Summer Camping Program held on the Tyendinaga Mohawk Territory less than two hours east of Toronto. Camp activities include Road Hockey, Swimming, Canoeing, Campfires, Hiking, Music, Sports, Prizes, Surprises.

Junior Kids Camp
August 12 to 16
Ages 7-9

Senior Kids Camp
August 19 - 23
Ages 10 - 12

For more information please contact the Ohahaseh Children's Clubs at
(416) 245-1740.

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*A Housing Project for
Native People*

www.wigwamen.com

Going on Vacation?

Before leaving for vacation in the summer remember to adjust your appliances for the greatest energy savings and safety:

- Set air conditioners at the warmest setting or turn them off completely.
- Unplug TV sets, stereos, and personal computers. TVs use electricity even when they are turned off.
- Make sure that your thermostat is turned off.