

Wigwam to Wigwam

Your "House to House" News

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Summer Reading for Kids!

No more pencils, no more books...
It's July in Toronto and school's out! For kids, summer can be long days of play at the park, afternoons at the pool, trips to the beach, and perhaps even a visit to Wild Water Kingdom!



While rain is good for lawns and gardens, it can cloud carefree summer days for kids. They're likely to get bored and restless if they're cooped-up indoors for too long. But there are many ways to make a rainy day a fun day. One activity you may want to consider is a trip with the kids to the local library. Toronto's Public Libraries are located throughout the city, but the Spadina Road Library deserves special

mention. Located right outside the Spadina Subway station at Bloor, this library features the city's *Native Peoples' Collection*. As well as hundreds of books which can be signed out and borrowed for two weeks, this collection includes magazines, newspapers, videos, CD's, cassettes, and even language learning kits. While children's books about Native stories and legends are in abundance at the Spadina Road Library, you will find them at any branch. Have a look on the Juvenile non-fiction shelves, and in particular, call number 398.2089973. And for a sampling of some of the stories you can find, turn to page 5 of this month's Wigwam to Wigwam!

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Household Hints: Home Maintenance

Wigwamen receives many calls from tenants about repairs needed, large and small, to their home. While it is important that we are notified of significant maintenance issues, there are repairs that you may be able to attend to yourself.

This month's "Household Hints" looks at how to deal with a slow-draining or clogged sink (or tub).

In the first place, it is a good idea to use a strainer in the kitchen and bathroom sinks, as well as the bathtub. This prevents such things as food, hair, toys, etc. from falling down the drain. This is the surest way of preventing objects from clogging the drains.

Secondly, on a weekly basis, you can rinse all drains in your home with a simple mixture of baking soda and vinegar. Place a heaping tablespoon of baking

soda down the drain, then flush it with 1/4 cup of vinegar. (Watch it fizz!)

Despite preventative measures, there may be occasions when your sink or tub drain does become clogged. If you notice that your sink or bathtub is draining slowly, first try a mixture of baking soda and vinegar. If that doesn't clear the obstacle, or if no water is able to drain, fill the sink or tub with a few inches of water and use a plunger. This action is often all that is needed to dislodge the obstacle.

The next option is to try a using a commercial drain cleaner, such as *Draino*. Be sure to read the instructions before purchase and use, as some of them are very concentrated and corrosive.

If none of these techniques solve the problem, it may be time to call the Maintenance Department at Wigwamen. However, be aware that if the problem is due to tenant abuse or lack of proper care, you may be charged back for the service call and any necessary repairs.

Lease Excerpts

This month we focus on lease rules and regulations regarding the locks at your unit.

As stated in Section 10 of Schedule A of your lease, the locking system of any doors are not to be altered by the tenant:

No additional locks shall be placed on any door of the building without permission of the Landlord.

Do not change or add locks to any of the doors of your home without having received written permission from Wigwamen. When an additional lock is allowed, a key to it must be submitted to Wigwamen, at your expense.

These rules are both for the security of the unit, and for your safety. Although Wigwamen has now obtained copies of the keys for nearly all of the units, there are still a few outstanding. Your cooperation in this task is most appreciated!

Zero Balance Club Honour Roll

The tenants listed below are members of the Zero Balance Club and each received a \$50.00 gift certificate in its monthly draw.

Nicole Young

Gary & Theresa McKay

Ines Alvis & Isa Askarizadeh

Suzette Darby

Tina Neshkawa

Cindy Jacko

Daisy Hahnfeld

Paul Kornidesz

Samantha Cote

Judy Miller

Myrtle York

Ida Shaggi-Jawan

Evelyn LeTourneau

Ken King

Colbertha Robinson

Valerie Maracle

Sandra Neshkawa

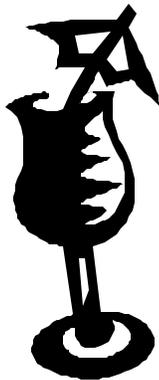
Wigwamen salutes all the club's members for being responsible tenants!

To be involved, all you need to do is have your rental payment in by the first of every month. You will then be automatically entered into the Zero Balance Monthly Draw.

Terrace Happenings

Over the past several months, the tenants and staff at Wigwamen Terrace have been busy with various fundraising endeavors for the purchase of new furniture for the Terrace roof-top patio.

First of all, a big *thank you* is extended to all of the members of the Garden Club, and to President Yvonne Beaucage, for the donation of \$63 towards the patio furniture. This money was raised from the Annual Courtyard Sale on May 26.



Next, a delicious pancake breakfast was held at the Terrace on June 28. *Thank you* to all of the tenants who came out for the breakfast, your support was truly appreciated. Again, all of the proceeds from this event will go towards the purchase of the new furniture for the Terrace Patio.

Finally, on Friday, June 23, the draw for the Wigwamen Terrace Raffle was held. Congratulations to the three winners!

**1st Prize - Dream Catcher
Mel Pitaher**

**2nd Prize - Native Doll
Steve Paquette**

**3rd Prize - Soap Stone
Carving
Andrea Shipmau**

The grand total, after many weeks of selling tickets, was over \$400 raised for the patio furniture!

In other Terrace news...

The staff and residents of the Terrace offer their condolences to the family of Terry Robinson who passed away on June 27, 2000. He will be sadly missed.

And finally, the Seniors' Club at the Terrace will be holding a barbecue Friday, July 14, at 11 a.m. All Terrace residents were invited to attend.

Terrace Community Kitchen

July is “*Raspberry Month*” in the Ojibway calendar. Fresh raspberries should be used in the following recipe. It’s a nutritious shake, and a perfect morning eye opener, or midday refresher.

1 cup raspberry or plain yoghurt
1 cup milk
1/3 cup corn syrup
1 cup fresh raspberries
5-6 ice cubes

In a blender, combine yoghurt, milk, corn syrup and raspberries. Process until smooth. With blender running, gradually add ice cubes. Process until thick and smooth. Serve immediately. Makes 3 cups (750 mL).

Book Review:

Wesakejack and the Bears

Told by Bill Ballantyne,

with illustrations by Linda Mullen

In this children’s story, Wesakejack is travelling across the country. When he gets hungry, he decides to try to catch some fish at the rapids. Despite his attempts with a spear and a

stick, he gets nowhere.

Meanwhile, back on the shore a group of bears are watching and laughing. The more trouble Wesakejack has, the more they find it funny. Finally, while still laughing and giggling, the bears decide to help catch the fish.

Wesakejack thanks the bears and continues on his journey.



Wesakejack and the Bears is one in a series of books by Bill Ballantyne about the adventures of the travelling Wesakejack. Ballantyne is a Native storyteller and a teacher from Manitoba. He is a tireless supporter of Cree culture and language. In fact, book is written in both English and Cree.

Illustrations in the book are vivid and colourful. Linda Mullen first learned to draw and paint from her grandfather who was a naturalist. She is has been drawing wildlife and nature scenes for over 30 years.

Anishnawbek History

The following account of the clan system of the Ojibway has been adapted from: The Mishomis Book by Edward Benton-Banai (St. Paul: Indian Country Press, 1979)

...There were seven original clans: Crane, Loon, Fish, Bear, Martin, Deer and Bird...

Each of the clans was given a function to serve the people. Together they provided the framework for a strong and balanced government.

The **Crane Clan** and the **Loon Clan** were given the power of chieftanship. They were given the people with natural qualities and abilities for leadership. By working together, these two clans gave the people a balanced government with each serving as a check on the other.

Between the Crane and the Loon clans stood the **Fish Clan**. This clan was made up of the intellectuals of the people, and they were sometimes called "star gazers" for their constant pursuit of meditation and philosophy. They helped to resolve differences of opinion and to settle disputes.

The **Bear Clan** served as the police force of the people. They spent much time patrolling the outskirts of the village so as to ward off unwelcome visitors. Because of the large amount of time that they spent close to nature, the Bear Clan became known for their knowledge of medicinal plants.

As warriors, the people of the **Martin Clan** provided the force to protect the village from outside invaders. They were known as master strategists in planning the defense of their people.

The **Deer Clan** was the clan of gentle people. They were the pacifists and the poets and they would not even indulge in using harsh words of any kind.

Finally, the **Bird Clan** represented the spiritual leaders of the people. They were recognized for their intuition and sense of knowledge of what the future would bring.

The seven original clans were established to provide leadership in all areas. It is said that while the clan system was in power the Ojibway suffered no famine, sicknesses, or epidemics. There were no wars and very little violence.

Aboriginal Information Line

- ***Children's Summer Day Camp*** is being held again this year at the Native Canadian Centre. The day camp gives children the opportunity to enjoy the summer in an environment that is culturally-sensitive. Fun-filled days will be spent learning about Native culture through dancing, drumming, crafts, and outings. Two week sessions begin July 4 and July 17 for ages 5-10, and July 31 for ages 11-13. For more information or to register your child, contact Donald Corbiere at 964-9087, ext. 306.

- Art and culture from the ***Heiltsuk Nation*** of British Columbia's Pacific Northwest Coast is currently being exhibited at the Royal Ontario Museum. Celebrating the voices of the contemporary Heiltsuk community, the exhibition features works by present-day artists, as well as the ROM's anthropological collection of Northwest Coast art.

Fun Page Word Search

Have a look for these "summer words" in the Summer Word Search on the next page!



BARBECUE
BEACH
BICYCLING
CAMPING
FRISBEE
FUN
HOT
ICE CREAM
RAIN
SAILING
SPRINKLER
SUN
SWIMMING
TENT
VACATION
VOLLEYBALL

Fun Page: Summer Word Search

V A C A T I O N B Q L L
M O A T E D R E G N G O
A I L K U H O T E X N N
E B F L C R P S O F I S
R I R Y E F A O N U P P
C C I G B Y V I G N M R
E Y S N R S B K N T A I
C C B F A K E A I U C N
I L E U B D A R L S H K
P I E T S N C X I L S L
T N E T E O H O A I U E
A G N I M M I W S Q N R