

# Wigwam to Wigwam

Your "House to House" News

Wigwamen Incorporated, 310-25 Imperial Street, Toronto, Ontario, M5P 1B9

## First Nations Day

### Kick-Off: APU Host

The Aboriginal Peacekeeping Unit of the Toronto Police Service had their Annual barbecue on June 8, 2000 at the Toronto Police Service Headquarters to kick off their **First Nations Day Celebration**.

Many children from First Nations School and Eastview Public School were in attendance and enjoyed hotdogs and other treats. Of course, they also had the opportunity to learn about the Aboriginal Peacekeeping Unit and to help eliminate some of the stereotypes children have about the police.

Guests taking part in the Celebration were Constable Grant Dokis from the Sudbury Regional Police Service and the Aboriginal Consultative Committee Members.



The Aboriginal Consultative Committee provides its members with a direct link to senior command on the Toronto Police Service to deal with issues involving the Aboriginal community.

Everyone in attendance had a wonderful time with the activities.

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## GENERAL MANAGER'S REPORT

### Home Visits:

As I mentioned in my last report to you, we're well into our annual home inspections.

It goes without saying that when we do those visits, we're interested in identifying as many maintenance issues as possible, with a view to establishing work priorities over the coming year.

What may be less obvious to some of our tenants is that, as a landlord, there are some circumstances where we have a legitimate interest in matters which might broadly be described as housekeeping. Quite simply, ***if units are not kept reasonably clean, they can, over time, attract a variety of vermin and pests such as cockroaches, mice,*** etc. And that has an impact not only on our maintenance costs, but more importantly, on the health and safety of other tenants in the unit.

Similarly, if we visit a unit and virtually every square inch of it is covered in such things as laundry, or stoves are not kept clean, we have a legitimate concern about fire safety.

With all that in mind, if after a unit inspection, you're contacted by our Tenant Relations Officer, Jodi Hetherington about your housekeeping, I'd encourage you to keep these points in mind and work with her to address the issue in a positive fashion.

### Exit Interview Survey:

The past two years have seen a reasonably high turnover in Wigwamen's units, with tenants moving for a wide variety of reasons. Some are moving because over the years their family size has changed, with children growing up and moving out. Others have managed to save sufficient monies for a downpayment on a house. Still others have decided to return to their home communities. And some, regrettably, are required by Wigwamen to move out due to the non-payment of rent.

For the past several months, each vacating tenant has been provided with an "Exit Interview Survey" allowing them to comment on a wide variety of issues including their general impressions of Wigwamen, what they thought of the application and move-in process, their views on tenant relations, and how well, or not, they think that Wigwamen maintains their units. Once a year, the names of those vacating tenants who do respond will be entered in a draw for a \$50.00 gift certificate.

I'd like to encourage all tenants who are vacating their units, for whatever reason, to ***take the opportunity to tell us what we're doing right, and what can be improved.*** It's my commitment, and that of the Board of Directors, to take that information and use it to make Wigwamen better.

### Flower Power 2000:

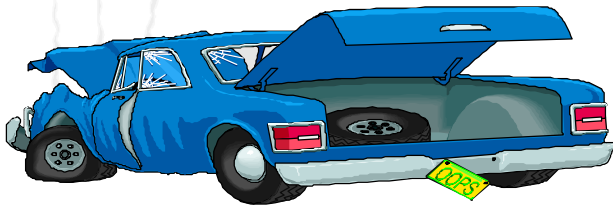
It's not too late to enter Wigwamen Incorporated's "Flower Power 2000" contest! Entry forms are still available at our front desk, and the wet and mild spring so far means that you can still plant your flowers and see them bloom beautifully throughout the summer. And you might, of course, be one our three lucky contest winners...So enter today!

## Lease Excerpts

Tenants often ask about Wigwamen's policy concerning damage and theft of automobiles. This issue is addressed in this section of the lease entitled

### ***d) Damage to Automobiles:***

"The landlord shall not be liable to the Tenant for loss or damage to any automobiles or their contents or for the unauthorized use by other tenants or strangers of the parking space allotted to the tenant, but the Tenant's rights shall be against the person or persons causing such damage or occupying such parking space. However, the Landlord shall use his best efforts to prevent such loss or damage or unauthorized use".



The measures we take to prevent the problems of theft, vandalism, and unauthorized use are to ensure that there is adequate lighting in designated parking

areas and encourage tenants to report the incidents to police.

## Summer Sun Safety Tips

When spending time outdoors keep in mind the importance of sun protection for both yourself and your children. To stay protected in the sun:

- use a sunscreen of SPF 15 or higher
- avoid the strongest rays of the day
- apply sunscreen 30 minutes prior to exposure
- reapply every two hours
- if swimming, use waterproof sunscreen
- use protective eyewear and make sure sunglasses are marked "100% UV Protection"

If you do happen to get a sunburn, soak in cool (not cold) bath or apply cold compresses.



## Who's Who at Wigwamen

Our next valued employee is a unique character and hails from Sundridge, Ontario. He is our ***Maintenance Assistant, Mr. Terry "Fred" Marcus.***

Terry has sixteen years of work experience in new construction and renovations having in the past worked for companies such as "Quality Renovation and Design" and "Bowling Green General Contracting" in Toronto.

As Terry works primarily in the field maintaining our family housing units across the city, many of you have gotten to know him, as he is the person who attends your unit to replace taps, snake drains or complete other work orders there may be with your unit.

When he is not on-call dealing with service requests, he enjoys getting away to his cottage in Bobcaygeon, Ontario with his beloved GMC truck.

## Zero Balance Club Honour Roll

All of the tenants listed below belong to the Zero Balance Club. They are all winners of the Zero Balance monthly draw and each have received a \$50.00 gift certificate!

We salute all of the participants for being such responsible Wigwamen tenants!

**Nicole Young  
Gary & Theresa McKay  
Ines Alvis & Isa Askarizadeh  
Suzette Darby  
Tina Newshkawa  
Cindy Jacko  
Daisy Hahnfeld  
Paul Kornidesz  
Samantha Cote  
Judy Miller  
Myrtle York  
Ida Shaggi-Jawan  
Evelyn LeTourneau  
Ken King  
Colbertha Robinson**

To be involved, all you have to do is get your rental payment in by the first of every month. You will then be entered into the Zero Balance Monthly Draw!

## Anishnawbek History

### Dream Catchers

First Nations people are encouraged to remember our dreams because we believe that wisdom and knowledge come to us in our dreams. Dreams are visions that provide protection, guidance, assistance and good luck.

Anyone can have a dream catcher, but it is important that babies receive one at birth. The spider web pattern is the original design of a traditional dream-catcher. The hole in the middle allows only the good dreams to pass through and the bad dreams are caught in the web, so a person sleeps peacefully throughout the night and wakes up remembering only the good dreams.

The dreamcatcher represents the Sacred Hoop, the Great Circle of Life of which we are all a part. The web design is symbolic of our brother, the spider, reminding us of our Creation. The spider's web is spun on one continuous strand, as is the dreamcatcher, making it symbolic of eternity and reminding us that the spirit is eternal.

## Aboriginal Information Line

***First Nation's Day 2000 at Riverdale Park:*** Events include: Sunrise ceremony, games for the little and big kids, dunk tank, live music, great food on June 17, 2000.

***Aboriginal Voices Festival 2000-Music on the Lawn:*** Events include: Toronto Metro Hall- Lawn Performing will be Jani Lauzon, Juno nominee, Chester Knight, M.C's. Sara & Suzie with Pam Shreiber, Peacemaker, Breach of Trust and more on June 18, 2000.

***6th Annual First Nation's City Celebration-Nathan Phillips Square-Toronto City Hall:*** First Nations Arts and Crafts, Traditional foods, Information on Urban Aboriginal Organizations, Traditional Drummers and dancers on June 20, 2000.

***National Aboriginal Solidarity Day: Buffalo Jump 2000 Peace March:*** The march will begin at 11:00 a.m. on June 20 -Alexander Park and will travel onto Nathan Phillips Square to join City First Nations Day Celebration Committee.

## Household Hints

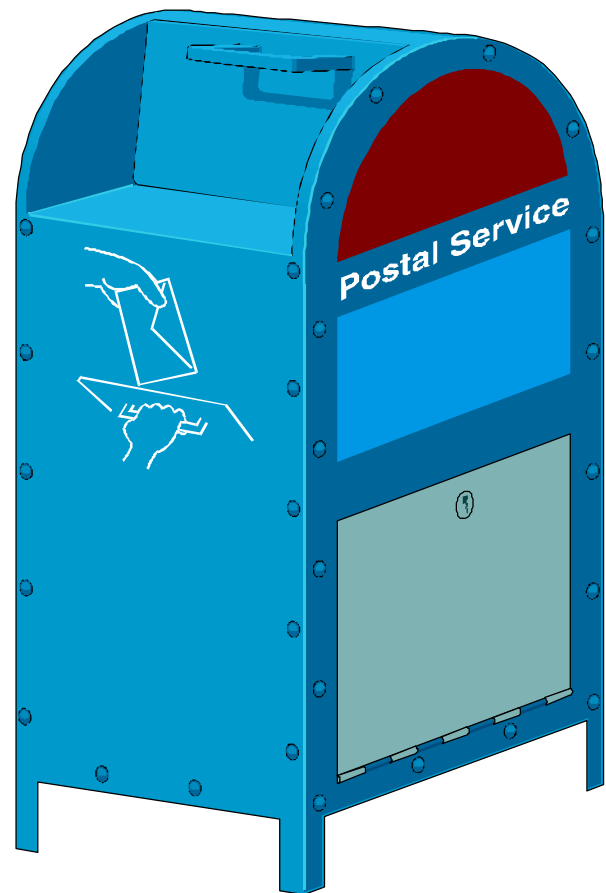
### Junk Mail

It is estimated that 13 billion pieces of junk mail are delivered to Canadians each year. There are two types of junk mail, solicited and unsolicited. Solicited has your name on it. Unsolicited mail is registered to "Dear Occupant" or has no name at all such as flyers or notices.

To stop solicited junk mail contact the Canadian Direct Marketing Association. Write ***Do not Mail Service, c/o Canadian Direct Marketing Association, 1 Concord Gate, Suite 607, Don Mills, ON M3C 3N6***. Include your full name and address (exactly how it is addressed, such as Mr. John Doe or Mr. J. Doe, even if it's misspelled, along with your postal code) on a piece of paper. There needs to be an exact match in order to remove your name from the list. Call 391-2362 for details.

As well, ask organizations to which you belong, to remove your name from the mailing lists they trade with other organizations.

To stop unsolicited junk mail let the distributor know that you don't want it. Send it back or post a ***No Junk Mail Sticker*** on your mailbox. If there is such a sticker Canada Post will not deliver the junk mail to your unit and many independent distributors will also honour it. To obtain yours, call the Recycling Council of Ontario. As well, the RCO has a special hotline set up to help unsolicited junk mail. Call 960-0938 for details.



## Terrace Happenings

On June 18, 2000 the Seniors Club will be hosting a Pot-Luck in the Turner Room at 5:00 p.m.

Also, there will be a Euchre Tournament at the NCCT cafeteria and a 50/50 draw on June 24, 2000.

Then on June 29, 2000 from 11:00 a.m. to 6:00 p.m. they will be hosting a barbecue and a Strawberry Social.

Congratulations go out to **Stanley Kagigee** for winning the distinguished **2000 Ontario Volunteer Service Award**. He has been nominated for his five years of volunteer service to the Terrace Community. This award is a way for the government to recognize and thank volunteers for their commitment and dedication.

A reminder to tenants that Native People's Parish chapel services will resume in the fall as Father Vaughn is off for the summer months.

In closing, staff and myself, wish all the Seniors of Wigwamen Terrace a very safe and enjoyable summer holiday!

## Terrace Community Kitchen

With strawberry season upon us we have a recipe you will truly enjoy!

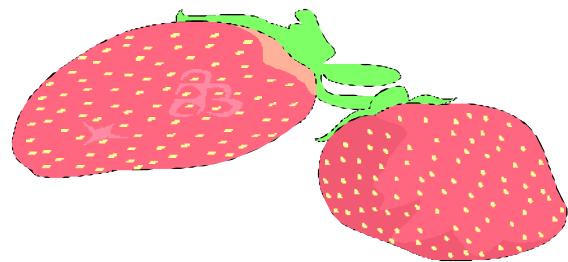
### Frozen Strawberry Yogurt

2 cups strawberries  
1 cup low-fat yogurt  
1/3 cup icing sugar  
1 tbsp lemon juice

In food processor or blender, puree strawberries; you should have about 1 1/3 cups/335 ml.

Add yogurt, sugar and lemon juice until mixed.

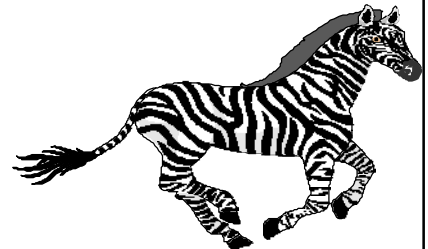
Pour into pan or ice cream machine and freeze.



# Wigwamen's Fun Page

## ANIMAL WORKSHEET

Cut out the names of the animals located at the bottom of the page. Paste the names next to the correct animal



Cut Here-----Cut Here-----Cut Here

zebra	seal
bear	tiger

Answers to last months Aboriginal History Quiz: 1) Our Land 2) Potlatch 3) Cherokee 4) National Indian Brotherhood 5) 38% or 109,765 6) Pipe Stone 7) 1976 8) Mayan 9) 1990 10) The Jay Treaty





**Wigwamen Incorporated  
and  
Wigwamen Terrace  
will be closed to celebrate  
First Nations Day on Wednesday,  
June 21, 2000**